Lava Hot Springs is a friendly, vibrant community rich in western history and natural resources, offering a satisfying variety of summer and winter activities.

Long before white settlers discovered the natural, odor-free mineral waters in this quiet valley, the Bannock and Shoshone Indian tribes gathered here to bathe, rest, and worship. For centuries, the Indians paid tribute to the Great Spirit for the curative powers of these springs and set the area aside as a neutral ground to be shared in peace by all tribes.

Traders and trappers arrived in the early to mid-1800s. Bob Dempsey set up a trading post, befriended and became champion of the Native Peoples, and married Chief Tendoy’s daughter Margaret, of the Lemhi tribe. The settlement that is now Lava Hot Springs was originally called Dempsey.

The State of Idaho began developing the hot springs in 1911 and continues to administer this natural resource for all to enjoy.

More information on the services and activities in the Lava Hot Springs area can be found on our website—www.lavahotsprings.org

Back in the day, the use of the hot pools was segregated with separate times for men and women.
Experience More Sights!
Distance from Lava Hot Springs, Idaho

<table>
<thead>
<tr>
<th>Location</th>
<th>Miles</th>
<th>KM</th>
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<tbody>
<tr>
<td>Bear Lake State Park</td>
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<tr>
<td>Boise, Idaho</td>
<td>272</td>
<td>438</td>
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<td>Chesterfield, Idaho</td>
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<td>City of Rocks</td>
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<td>389</td>
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<td>Craters of the Moon</td>
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<td>222</td>
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<td>Crystal Hot Springs</td>
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<td>146</td>
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<td>Downata Hot Springs</td>
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<tr>
<td>Grace, Idaho</td>
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<td>32</td>
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<tr>
<td>Grand Teton National Park</td>
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<td>Jackson, Wyoming</td>
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<td>Logan, Utah</td>
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<td>Maple Grove Hot Springs</td>
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<td>National Oregon Trail Center</td>
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<tr>
<td>Pebble Creek Ski Area</td>
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<td>Pocatello, Idaho</td>
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<td>Ogden, Utah</td>
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<td>Soda Springs, Idaho</td>
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<td>Salt Lake City Intl. Airport</td>
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<tr>
<td>Sun Valley, Idaho</td>
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<td>364</td>
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<tr>
<td>West Yellowstone, Montana</td>
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<td>307</td>
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<tr>
<td>Yellowstone National Park</td>
<td>206</td>
<td>333</td>
</tr>
</tbody>
</table>

Annual Festivals in Lava
Mark your calendar and book your reservations now for these annual event festivals!

**FIRE AND ICE WINTERFEST**
The first full weekend of February.
Activities begin Friday night and run through Sunday afternoon. Fun and prizes.
INFO and TICKETS: fireice.lavahotsprings.org

**WELLNESS FESTIVAL**
The first part of May.
Activities begin Friday night and run through Sunday afternoon.
INFO: wellness.lavahotsprings.org

**OKTOBERFEST**
Held the first weekend of October.
Activities begin Friday night and run through Sunday afternoon. Fun, food, music, brews, and prizes!
INFO and TICKETS: oktoberfest.lavahotsprings.org

Lava Area Events & Activities
Please see the calendar of events posted online at lavahotsprings.org for the latest dates on events in and around Lava Hot Springs.

- **MUSEUM AND VISITOR INFO CENTER**: Area brochures, maps, gift shop and information. Local exhibits and special programs. (First East and Main Street) 776-5254; $2 Admission.
- **JULY 4th FIREWORKS**: Compliments of the Lava Lions Club and Lava Chamber of Commerce (held on July 4th).
- **LAVA FOUNDERS’ DAY PARADE**: Held each year on the Saturday closest to July 24th; Main Street, 6 p.m.
- **LAVA LIONS CLUB BINGO**: Every Friday and Saturday (7:00 p.m.) at the Lava Community Center. Legal Bingo age is 18.
- **GOLF**: A nine-hole course just northwest of Grace (16 miles).
- **DISC GOLF**: Two courses – nine holes located across from the Olympic Swimming Complex and the other nine in Lions Park on the river.
- **RIVER TUBING**: Rent tubes from various locations and float a stretch of the Portneuf rivers where it winds through the town. Shuttle from take-out to put-in available.
- **SWIM OR SOAK**: Enjoy a soothing soak in one of the area’s natural hot springs. Public hot pools available in Lava and nearby outside of Downey (28 miles). Other hot spring-fed pools available with room at some hotels. Also water-park fun at the swimming pools in both locations.
- **BULLS ONLY RODEO**: Typically in August. Check Chamber calendar.
- **ZIPLINE ADVENTURE**: Year-round fun riding several thousand feet of steel cable. Main Street pick-up/return.
- **FISHING**: Idaho Free Fishing Day, 2nd Saturday in June. Stream, lake, and ice fishing available around the area. License required; available at Sunnyside Sinclair (cash only). More at www.fishandgame.idaho.gov
- **SKIING & SNOWBOARDING**: Nearby ski area (just north of Lava near Inkom) boasts a 2,200-foot vertical drop, 54 runs, large gladed areas, and three lifts.
- **CROSS-COUNTRY SKIING & SNOWSHOEING**: Available all around the area. Local snow shoe rentals and trails available (Baker Ranch 776-5684). Cross-country skiing is best at Pebble Creek Forest Area, off the Blaser Highway.
- **SNOWMOBILING**: Tour hundreds of miles of groomed and unimproved trails in Southeast Idaho. Most unplowed forest service roads can be used. Check www.seidaho.org for maps and info.
- **WAGON RIDES**: Scenic wagon rides pulled by draft horse teams (late May thru September).
- **MASSAGE & HEALTH SERVICES**: Enjoy a relaxing, therapeutic massage from local providers.

For More Information
Check www.lavahotsprings.org for special events, packages, sales, live music, guest speakers, services, and available lodging. Brochures and additional area information available at the SBCHC Museum and Visitor Information Center on First East and Main Street. Also see:

- www.lavahotsprings.com
- www.fishandgame.idaho.gov
- www.idahohighcountry.org

Brochures and additional area information available at the SBCHC Museum and Visitor Information Center on the corner of First East and Main Street.
Lava Hot Springs Chamber of Commerce  www.lavahotsprings.org

Member Services

Shopping

Alpaca Products and Gift Shop (Alpaca Inn) • 0.1 miles • 90 S. 1st East; 208-776-5200; lavaalpacainn.com

Dragonfly Gallery of Fine Art • 0 miles • 178 W Main; 801-663-3329; Facebook.com/Dragonfly-Gallery-Lava

Mikes Market • 0 miles • 30 Main St.; 208-776-5067

Mountain Mayhem Adventure Center • 0.1 miles 155 East Main Street; 208-776-5000; www.mountainmayhem.biz

Lava Hot Springs KOA Kampground • 0.3 miles 430 E. Main; 208-776-5221; 800-423-8597; www.lavahotspringskoa.com

Lava Spa Motel and RV Park • 0.3 miles 1359 Main St; 208-776-5589; www.lavaspamotel.net

Lion’s Gate Manor Luxury Themed Suites • 0.1 miles • 90 S. 1st East; 208-776-5200; www.lionsgatemanager.com

Lodging: Hotel & Motel

Alpaca Inn • 0.1 miles • 90 S. 1st E; 208-776-5200; lavaalpacainn.com

Aura Soma Lava Hot Springs Lodgings • 0.1 miles • 196 E. Main; 208-776-5800; www.aslava.com

The Harkness Hotel • 12 miles • 206 Center Street, McCall; 208-254-4340; www.theharknesshotel.com

Home Hotel Lava Hot Springs • 0.2 miles • 306 East Main Street; 208-776-5050; www.homehotel.com

Lava Hot Springs KOA Campground Cabins • 0.7 miles • 100 Bristol Park Lane; 208-776-5295; www.lavahotspringskko.com

Lava Spa Motel and RV Park • 0.3 miles 1359 Main St; 208-776-5589; www.lavaspamotel.net

Le Cascade Villas • 0.1 miles • 162 East Main St.; 208-776-5000; www.tumblingwatersinn.com

Ranch Inn Motel & Campground • 1.3 miles • 9611 E. Highway 30; 208-776-9917

River Bridge Inn • 0.1 miles • 64 N 1st Avenue East; 208-681-9020; www.theriverbridginn.com

Riverside Hot Springs Inn & Spa • 0.2 miles • 255 East Portneuf Street; 208-776-5504 or 1-800-733-5504; www.riversidehotsprings.com

The Suites of Lava Hot Springs • 0.1 miles • 63 South 1st East; 208-851-1463; www.lavahotspringssuites.com

Tumbling Waters Inn • 0.3 miles • 208-776-5000; www.tumblingwatersinn.com

Lodging: Vacation Homes, Cabins & Apartments

Alpaca Inn Cottages and Suites • 0.1 miles • 90 S. 1st East; 208-776-5200; lavaalpacainn.com

Aura Soma Lava Hot Springs Vacation Homes (5) • 0.1 miles • 196 E. Main; 208-776-5800; www.aslava.com

Dempsey Meadows Inn • 1.0 miles • 9884 E. Maughan Road; 208-851-1463; dempseymeadowsinn.com

Downata Hot Springs Cabins • 2.8 miles • 25900 S. Downata Road, Downey; 208-897-5736; www.downatashotsprings.com

George & Lola’s Place • 0.1 miles • 143 West Main; 385-219-7636; lavahotspringsgetaway.com

Greystone Manor Vacation Rentals • 0.2 miles; 187 S. 2nd Ave West; 208-776-5959; www.greystonelavahotsons.com

Home Hotel Guest House • 0.2 miles • 306 East Main Street; 208-776-5050; www.homehotel.com

Kendalls Cozy Cottage • 0.2 miles • 78 North 300 West; 801-660-8209; www.lavahotspotsrentalhome.com

Lava Adventures & Lodging • 0.2 miles • 208-589-4441; lavalodging.com

Lava Hot Springs KOA Deluxe Cabins • 0.5 miles; 685 E. Main; 208-776-5259; www.lavahotspotskko.com

Lava KOA City Center Cabins • 0.1 miles • 101 W. Portneuf St.; 208-776-5209; www.koa.com/campgrounds/lava-hot-springs-city-center

Lava Hot Springs Lodging • 0.2 miles • 268 West Main Street; 208-776-5000; www.lavahotspotsodge.com

Le Cascade Suites • 0.1 miles • 151 East Alley North; 208-776-5000; www.tumblingwatersinn.com

Lavin’ Life in Lava Vacation Homes • 0.2 miles 277 West Main Street; 435-640-4917; www.lavinlifeinlava.com

My Favorite Vacation Rental • 1.3 miles • 9673 E Maughan Road; 801-510-0992; www.myfavoritevacationrental.com

Park Place Vacation Home • 0.3 miles • 25 N 4th W; 801-455-1538; www.parkplacealava.com

Penny Lane Cottage • 0.2 miles • 344 West Main Street; 208-776-5000; www.tumblingwatersinn.com

School House Inn • 7.7 miles • 1615 N. Lund Rd. and Highway 30; 208-776-5959; www.schoollouseinn.com

Soda Creek Lodge • 23.1 miles • 361 E. Hooper Ave., Soda Springs; 208-644-0432; www.sodacreeklodge.com

The Suites of Lava Hot Springs • 0.1 miles • 63 South 1st East; 208-851-1463; www.lavahotspringssuites.com

Viva La Vida Vacation Home • 0.2 miles 72 South 300 West; 801-884-3898; www.vivallavidainlava.com

RVs & Camping

Bristol Park Historic Campground • 0.8 miles • 200 Bristol Lane; 208-540-1278; www.bristolcabin.org

Caribou Highlands Golf & RV • 15.8 miles • 1750 Gibson Lane, Grace; 208-425-2333; www.caribouhighlands.org

Crystal Springs Campground • 7.9 miles • 3369 East Highway 30, McCammon; 208-244-4076; www.crystalspringscamping.com

(continues)
Member Services

Real Estate Services
Idaho Rocky Mountain Real Estate • Julie Hill; Lava Hot Springs; 208-851-2667; juliehillrealestate.com
Mountain Retreat Real Estate • Randy Benglan; Lava Hot Springs; 208-251-1446; www.lavahotspringsrealestate.com

Dining, Bars & Entertainment
Chuck Wagon Restaurant • 0.1 miles • 211 E. Main; 208-776-5141
Greystone Manor Dinner Experience • 0.2 miles • 187 S. 2nd Ave West; 208-776-5959; www.greystonelavahot springs.com
(reservations required)
Portneuf Grille & Lounge at the Riverside Hot Springs Inn • 0.2 miles • 255 East Portneuf St.; 208-776-5504; www.riversidehot springsinn.com
Riverwalk Thai Restaurant • 0.5 miles • 695 East Main; 208-776-5872

Massage, Spa & Beauty
Aurora Soma Lava Spa • 0.1 miles • 196 E. Main; 208-776-5800 or 208-776-5480; www.aslava.com
Greystone Manor Massage • 0.2 miles • 187 S. 2nd Ave West; 208-776-5959; www.greystonelavahot springs.com (reservations required)
The Harkness Salon & Spa • 12 miles • 204 Center Street, McCammon; 208-254-5232; www.harknesssalonspa.com
Riverside Hot Springs Inn & Spa • 0.2 miles • 255 East Portneuf Street; 208-776-5504 or 1-800-733-5504; www.riversidehot springsinn.com

Recreation
Baker Ranch Wagon Rides (w/Dinner), XC Skiing, Snowshoeing 208-776-5684; www.bakerranchlava.com
Caribou Highlands Golf & RV • 15.8 miles • 1750 Gibson Lane, Grace; 208-425-3233; www.caribouhighlandsgolf.com
Dempsey Ridge Golf Course • 2.2 miles • 9898 Merrick Road; 208-776-5048; www.dempseyridgegolfcourse.com
Downata Hot Springs • 28.4 miles • 25900 S. Downata Road, Downey; 208-897-5736; www.downatahotsprings.com
Four Falls Tube Rental • 0.3 miles • East Main St., across from hot pools behind state park and playground; 208-776-5668 or 208-241-1709

Idaho’s Area Code is 208

Numbered Pips correspond to LOCATIONS on the town and area MAPS on following pages.

Mileages are referenced from the Intersection of Center and Main Street in Lava
Locator Pips
The numbered dots or “pips” you see on these maps correspond to those located next to the business listings on the other pages of this brochure.
Locator Pips

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